MORNING SELECTION from 9.00am - 5.00pm



SMOKED BACON CIABATTA BUTTIES €6.30 (1/W/5/8)

BAKED HAM & BANDON VALE CHEDDAR CROISSANTS €6.50 (1/W/5/8/13)

WARMED CROISSANTS with preserves €5.90 (1/W/8)

FRESHLY BAKED SCONE with cream & homemade preserves €4.50 (1/W/8/13)

MARYBOROUGH AMERICAN STYLE CHOCOLATE CHIP & ALMOND COOKIES €3.95 (1/W/8/13)

HOUSEMADE DOUBLE CHOCOLATE CHIP MUFFINS €4.75 (1/W/8/13)

HOUSEMADE GRANOLA topped with berry compote and yogurt €7.50 (1/0/W/4/9)

ENERGY BOOST FLAPJACKS €4.50 (1/0/8/9)

PROTEIN BALLS (v)(c) €4.00 (4/8)

VANILLA MUFFINS with a Sicilian lemon curd (v) €4.75 (1/W/8/13)

MARYBOROUGH SMOOTHIE of the day, served with a mini fruit kebab €5.50 (8)

MARYBOROUGH PASTRY SELECTION (serves 2) €23.00 (1/5/8/13) Includes scones (W), croissants (W), smoked bacon ciabatta butties (W), American style cookies (W), tea/coffee

SMALL PLATES

Country of origin of Beef: Ireland

SELECTION OF LOCAL FARMHOUSE CHEESE

(Carrigline cheddar, Gubbeen cheddar, Wicklow Baun) Tomato and apple chutney, thyme and honey lavoch, oatcake, walnuts and fruit

€12.50 (1/0/W/2/8/9/13)

MARINATED OLIVES €4.50 (2)

JAPANESE STYLE CHICKEN WINGS Miso, lime mayo, pickled cucumber and sesame €9.15 (2/4/5/13)

WEST CORK BLACK PUDDING CROQUETTE

Apple compote, hazelnut, jus €8.50 (1/W/2/8/9/13)

BAKED BRIE
Walnut bread, rosehip and white
balsamic syrup (v)
€11.95 (1/O/W/2/8/9/13)

PAN FRIED PRAWNS
Red pepper and smoked paprika
sauce, jalapeno garlic bread
€12.95 (1/W/2/4/6/8/13)

HOUSE BAKED BREADS Hummus, pesto, olive and balsamic dip €6.50 (1/0/W/2/4/8/9)

KOREAN STYLE PORK RIBS Homemade kimchi, and green chilli hot sauce €15.50 (1/W/2/4/10)

SANDWICH SELECTION

LIGHTLY SPICED CHICKEN FLATBREAD

Hummus, cherry tomatoes, nigella seeds, baby mixed leaves €13.95 (1/0/4/5)

OPEN SANDWICH

Local smoked salmon, marinated prawns in marie rose with baby leaf salad

€14.50 (1/0/W/6/8/12/13)

MARYBOROUGH TOASTIE Slow cooked gammon, Bandon Vale cheddar, onion on toasted bloomer bread €8.95

- Add chips €11.50 (1/W/2/8/13)

FALAFAL WRAP Lebanese wholemeal wrap, pickled cucumber, tomato, parsley, chilli and garlic aioli

€11.95 (1/W/4/5/13)

SALADS

SUPERFOOD SALAD
Baby spinach, quinoa, feta cheese, sunflower seeds, cranberries, pomegranate, apple cider and honey vinaigrette (v)(c)
€14.00 (2/4/5/7/8)

•••••

MARINATED CHICKEN SALAD Mixed baby leaves, cherry tomatoes, salted pumpkin seeds, maple glazed crispy potatoes, creamy passionfruit and lime dressing €14.00 (2/8/13)

OLD FAVOURITES

HOMEMADE SOUP OF THE DAY Served with selection of breads from our bakery

€6.95 (Allergens on request)

ATLANTIC SEAFOOD CHOWDER Brunoise of root vegetables, grilled smoked salmon, dill and white wine cream €9.50 (2/6/8/12)

ΔΡΔΝΟΙΝΙ

Kohlrabi and butternut slaw, tikka spiced cashew nuts, light coconut and curry volute (v) €16.95 (2/4/11)

CONFIT DUCK LEG
Butternut squash puree, maple
and garlic glazed green beans
€15.95 (2/3/5/8)

COURGETTE LINGUINI
Baby spinach and a lemon cream sauce, served with garlic bread
€15.00 (1/W/2/5/8/13)

- Add marinated chicken €2.30
- Add prawns €3.50 (6)

MARYBOROUGH 60z PRIME IRISH BEEF BURGER

Iceberg lettuce, shaved onion, gherkin, Maryborough burger sauce, on a brioche burger bun €18.50 (1/W/2/4/8/13)

STEAMED WEST CORK MUSSELS White wine, Mungo Murphy's Dillisk and parsley sauce, soda farl €16.90 (1/W/2/3/6/14) PANKO BREADED FISH AND CHIPS Fennel and red cabbage slaw, lemon and watercress mayo, house fries €19.00 (1/W/2/13)

THAI STYLE FRIED RICE
Pineapple and cabbage fried
rice, lemongrass and soya sauce,
fermented chilli sauce (v)
€16.00 (1/W/2/4/9/10)

- Add chicken €3.00
- Add prawns €4.00

ROAST OF THE DAY (Please check with server) €17.50

FISH OF THE DAY (Please check with server) €17.50

SIDES

HOUSE FRIES, Maldon sea salt €4.50 (2)

SEASONAL HOUSE SALAD (v)(c) €4.50 (2/4/5/8)

CREAMED POTATOES €4.50 (2/8)

SEASONAL VEGETABLES €4.50 (8)

RED CABBAGE SLAW, pumpkin seed €4.00 (2/3/4/5/13)

DESSERTS & PASTRIES

STICKY TOFFEE AND APPLE PUDDING caramelised apple, calvados butterscotch, salted caramel ice cream €7.95 (1/W/2/8/9/13)

MOROCCAN ORANGE CAKE Greek style yogurt, Healy's honey €7.95 (1/W/2/8/9/13)

MERINGUE VACHERIN

Passionfruit jelly, Malibu cream, mango salsa, toasted coconut €7.95 (2/8/9/13)

DESSERT OF THE DAY €7.95 (Allergens on request)

TEA / COFFEE

TRADITIONAL TEA €3.00

EARL GREY/CHINESE GREEN TEA/ PEPPERMINT TEA €3.50

ORGANIC TEA/CAMOMILE TEA/FRESHLY GROUND COFFEE €3.00

ESPRESSO/CAPPUCCINO/LATTE/AMERICANO/ MOCHA/HOT CHOCOLATE €3.50

DASH OF SYRUP (Hazelnut, vanilla, chocolate, caramel) 50C

MH MARYBOROUGH

Bellini's Bar Menu