



SAMPLE 2019 SELF-SERVICE MENU

Mitchell's Café at Kylemore Abbey is renowned for its delicious home cooked food. The contemporary menu offers a wide choice of hot and cold dishes with a focus on locally sourced high quality ingredients. Many of the recipes used have been bestowed by the Benedictine nuns of Kylemore Abbey.

The following is a sample of what we offer:

Soups

Tomato and Basil
Golden Vegetable
Carrot & Coconut

€4.75

All served with home-made breads eg: Brown Bread, Cheese & Tomato Scones
(Gluten Free bread available)

Our soups are vegetarian and gluten free

Hot Dishes

Savoury Quiche with a choice of salads €10.95 (Three Choices)

Fillet of Salmon with garden vegetables and potatoes €12.95

Irish Stew and Baby boiled potatoes €11.50

Roast Loin of Pork with vegetables and potatoes €11.95

Breast of Chicken stuffed with smoked Bacon €11.95

Sunday Roast available from October till end of March

We proudly only serve 100% Irish, locally sourced meat.

Sandwiches

Assorted Homemade Sandwiches **€4.50** e.g. Bacon & Egg, Tuna & Peppers, Turkey & Cranberry Stuffing, Chicken Salad,

Focaccia Bread with Goats' Cheese, Pesto and Sundried Tomatoes **€7.50**

Bagels with Smoked Irish Salmon and Cream Cheese **€5.95**

Pulled pork and Hummus on Panini **€7.50**

Brioche Bap with Corned Beef & Onion Marmalade **€7.50**

Honey & Spelt with Barbeque Chicken and Garlic Mozzarella **€7.50**

Tuna Melt on Pretzel Roll **€7.50**

For our Junior Diners

Home Made Nordic Bread Pizza **€5.50**

Fresh Sandwiches made to order

Half Portions of all main courses

Free Baby Bowl for children under three years



Salads

Choose from our Salad Bar where you can enjoy Poached salmon, Cajun Chicken, and Roast cold cut of Beef or turkey. Salads include, Potato, Carrot and Sesame Seed, Coleslaw, Mixed Green Leaves, Pasta with peppers, Beets & Mint, Herby Cous Cous, Hotslaw

Cold Dishes

Selection of Salmon, Smoked Salmon, Baked Ham, Beef, Herbed Chicken, Cured meats and Roast Vegetables on Fresh Garden Leaves and Vegetables with Homemade Dressings

€10.50 - € 12.95

"Home Baking is truly our speciality, so don't miss out on our mouth-watering selection of cakes, desserts and sweet treats of all kinds!"

Homemade Biscuits, Cakes & Desserts (Gluten free options also available)

Benedictine Tea Brack	€2.30	Kylemore Apple Pie	€4.25
Strawberry & Rhubarb Crumble	€4.50	Pecan Pie with kahlua Cream	€4.50
Demerara Lemon Cake	€2.30	Coffee Cake with Espresso Frosting	€4.25
Scones with Homemade Jam & Cream	€2.20	Victorian Cream & Fruit Sponge Cake	€4.25
Carrot Cake	€2.30	Chocolate Brownies	€3.25
Meringue Nest with Fresh Fruit & Cream	€4.50	Raspberry & White Chocolate Cheese Cake	€4.25
Biscuits & Cookies	€2.00	Sr Benedict's Bakewell	€3.25
Fresh Fruit Cream Slice	€3.75	Exotic Orange & Almond Cake	€4.25
Connemara's Rocky Road	€3.25	Flavoured Cupcakes	€2.50
Milk Chocolate & Fresh Cream Éclair	€3.75		

Beverages

Selection of New World Wines by the Quarter Bottles **€4.95**

Irish Cream Coffee **€4.75**

Full Bottles of Wine **€19.95**

Homemade lemonade **€2.50**

Non-Alcoholic Beer **€4.75**

Orange & Strawberry Squash **€2.50**

A wide selection of soft drinks, teas, herbal teas and fair-trade coffees are available. **€2.00 €3.00**

Garden infusions **€2.50** made with our own Home-Grown Herbs from our Victorian Walled Garden

