CULLODEN
ESTATE AND SPA

Afternoon tea, that most quintessential of English customs, perhaps surprisingly, a relatively new tradition.

Whilst the custom of drinking tea dates to the third millennium BC in China and was popularised in England during the 1660's by King Charles II and his wife the Portuguese Infanta Catherine de Braganza.
It was not until the mid-19th Century that the concept of 'Afternoon tea' first appeared.

Afternoon Tea was introduced in England by Anna, the seventh Duchess of Bedford, in the year 1840. The evening meal in her household was served fashionably late at eight o'clock, thus leaving a long period of time between lunch and dinner.
The Duchess asked that a tray of tea, bread and butter and cake be brought to her room during the late afternoon.
This became a habit of hers and she began inviting friends to join her.

The pause for tea became a fashionable social event. During the 1880's upper-class and society women would change into long gowns, gloves and hats for their afternoon tea which was traditionally served in the drawing room between four and five o'clock.

Traditional afternoon tea consists of a selection of dainty sandwiches, scones served with clotted cream and preserves. Cakes and pastries are also served.

Afternoon tea has become popular to celebrate an occasion, and we endeavour that today at the Culloden Estate and Spa has been that, a memorable occasion.

Afternoon Tea Menu

Selection of finger sandwiches

Clements' egg and mustard cress with truffle mayonnaise

Glenarm organic salmon with lemon butter

Grants honey roast ham with Hegarty's mature cheddar

Caramelised sweet onion and hummus

Ballylisk goats cheesecake with red onion jam

Warm mini Quiche Lorraine

Culloden's Homemade Sweet Selection

Cafe au Lait Verrine

Seasonal mini berry tart

Lemon and raspberry macaroon

Chocolate and hazelnut cake

Warm raisin and plain scones served with homemade strawberry preserves and lemon curd and locally made clotted cream