

# GOURMET FOOD PARLOUR

## Sit In Menu - Skerries

### BREAKFAST

(Available Monday-Sunday until 5pm)

#### **Farmhouse Plate – Full Irish: €12.00**

Irish bacon, scrambled eggs, pork sausage, onion & chive potato cake, Clonakilty black & white pudding, tomato relish, granary toast [1, 4, 5, 10, 12]

#### **Woodland Breakfast: €10.50**

Scrambled eggs, onion & chive potato cake, herby fried mushrooms, cherry tomatoes, granary toast [V] [1, 4, 5, 11]  
Add vegan sausages +€2.50

#### **Scrambled Eggs & Toast: €8.00**

Creamy scrambled eggs, chives, tomato relish, granary toast [V] [1, 4, 5, 11] Add Chorizo +€1

#### **Eggs Benedict: €11.00**

Irish bacon, poached eggs, hollandaise, toasted English muffin [1,4,5,10,11,12]

#### **Buttermilk Chicken Eggs Benedict: €13.00**

Buttermilk fried chicken, poached eggs, hollandaise, toasted english muffin [1,4,5,8,10,11]

#### **Breakfast Wrap: €8.75**

Irish bacon, scrambled eggs, tomato relish, toasted wrap [1, 4, 5, 10,] Add Clonakilty black or white pudding +€1

#### **Breakfast Ciabatta: €8.75**

Irish bacon, pork sausage, tomato relish, toasted ciabatta [1, 10, 12] Add fried or scrambled egg +€2

#### **Buttermilk Pancakes:**

**Option 1:** Bacon, rocket & maple syrup [1,4,5,8] €10.00

**Option 2:** Kinder Bueno sauce, Bueno pieces, white & milk chocolate pieces, sliced strawberries [1,2,4,5,8] €10.50

#### **Vegan Big Breakfast: €10.00**

Vegan Clonakilty pudding, sausages, GFP beans, herby fried mushrooms, cherry tomatoes, granary toast [VE] [1]

Add relish or chilli jam to any dish +€0.50

### STARTERS

#### **Soup of the Day: €5.50**

Rustic bread [1, 4, 5, 15]

#### **Salt & Pepper Calamari: €8.50**

Chipotle aioli [1, 4, 5, 7, 8]

#### **Garlic & Chilli Sauteed Prawns: €10.00**

Rustic bread [1,7]

#### **GFP Chicken Wings: Small €8.00 / Large €12.00**

Louisiana sauce, garlic aioli or blue cheese dip [1, 4, 5, 8, 9, 10, 11, 12, 14]

#### **Boneless Chicken Bites: €7.00**

Plain/Louisiana, garlic aioli or blue cheese dip [1, 4, 5, 8]

#### **Vegan Louisiana Boneless Bites: €7.00**

Plant It [1]

#### **Patatas Bravas: €6.00**

Salsa, garlic aioli [V]

### MAINS

Upgrade fries on any dish to Waffle Fries or Sweet Potato Fries for €1

#### **Pan Roast Chicken Supreme: €18.00**

Creamy garlic mash potato, crumbled Clonakilty black pudding, steamed tender stem broccoli, prosecco cream sauce [1,4,8,12]



#### **Pan Fried Salmon: €19.00**

Steamed tender stem broccoli, creamy mash potato, citrus cream sauce [4,6,8,12,14]

#### **Cajun Chicken Quesadillas: €14.50**

Monterey Jack, guacamole, sour cream, salsa, rustic fries [1, 4, 5, 8, 12]

#### **Hereford Beef Burger: €16.00**

Cheese, red onion, lettuce, tomato, relish & aioli, fries [1, 4, 5, 10, 12] Add bacon €1.50

#### **Thai Red Sweet Potato & Red Pepper Curry: €13.00**

Steamed basmati rice [VE] [GF] [8, 14]  
Add Chicken +€2, Add Prawns +€3

#### **Chicken & Chorizo Linguine: €15.00**

Sundried tomato & shallot prosecco cream, parmesan & rocket [1, 4, 12]  
Add garlic bread +€2.00

#### **Crispy Chicken Burger: €15.50**

Brioche bun, chipotle aioli, lettuce, tomato & red onion, rustic fries [1, 4, 5, 10, 12]  
Add Bacon +€1.50

#### **Charcuterie Board: Small €15 / Large €28**

Selection of cured meats and cheeses, olives, sundried tomatoes, stuffed peppers, crackers, basil pesto, hummus & rustic breads [1, 2, 4, 11, 12]



### SALADS

(Available until 5pm)

#### **Chicken & Bacon Caesar: €13.00**

Roast chicken, Irish bacon, cos lettuce, croutons, parmesan shaving, caesar dressing [1, 4, 5, 6, 8]

#### **Asian Chicken Noodle: €14.00**

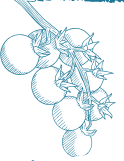
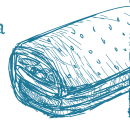
Tenderstem broccoli, peppers, red onion, toasted sesame seeds, sweet soy dressing [1, 8, 11]  
Add prawns +€3.00  
Switch for Crumbled Tofu for Vegetarian/Vegan option

#### **Superfood Salad: €13.00**

Quinoa, beetroot, butternut squash, pomegranate, mixed leaves, citrus dressing, toasted seeds [VE] [GF] [8]  
Add Grilled goat's cheese +€1.50, Chicken +€2

#### **Goats Cheese: €14.00**

Candied walnuts, beetroot, fig, red onion, rocket, balsamic molasses [2, 4, 12]  
Switch for Crumbled Tofu for Vegetarian/Vegan option



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### SANDWICHES

(Available until 5pm)

Add Soup of the Day to your sandwich +€3

#### **Grilled Halloumi: €9.00**

Roast red peppers, red onion, pesto, toasted ciabatta  
[1,2,4,10,11] Add bacon +€1.50

#### **Famous Roast Chicken: €9.00**

Roast chicken, stuffing, garlic aioli, spring onion, granary  
[1, 4, 5, 8, 11] Add cheddar cheese +€1

#### **Grilled Goat's Cheese: €9.00**

Goat's cheese, sundried tomatoes, rocket, red onion marmalade,  
toasted ciabatta [1, 4, 8,10, 12]

#### **Ham & Cheese: €9.00**

Irish ham, Dubliner cheddar, red onion, rocket, Dijon aioli,  
sourdough [1, 4, 5, 10, 11]

#### **Cajun Chicken Wrap: €9.00**

Cajun chicken, Dubliner cheddar, red onion, rocket, tomato,  
toasted wrap [1, 4, 5, 8, 10]

#### **Superfood Wrap: €9.00**

Quinoa, butternut squash, mixed leaves, hummus, beetroot,  
toasted wrap [VE] [1, 11] Add chicken +€2, goats cheese +€1

#### **Chicken & Bacon Caesar Wrap: €9.00**

Chicken, bacon, parmesan, cos lettuce, toasted wrap  
[1, 4, 5, 6, 8]

#### **GFP Club Sandwich: €9.00**

Roast chicken, Irish ham, tomato, lettuce, red onion marmalade,  
aioli, ciabatta [1, 4, 5, 8, 10, 11, 12]

#### **Louisiana Chicken Wrap: €9.00**

Louisiana chicken goujons, blue cheese aioli, iceberg lettuce,  
toasted wrap [1, 4, 5, 8, 10]

**Gluten free bread available on request**

### PIZZAS

#### **The GFP: €14**

Tomato base, grated mozzarella, pancetta, chorizo, rocket  
[1, 4, 8, 10, 12]

#### **The Vegetarian: €14**

Tomato base, grated mozzarella, goats cheese,  
caramelised red onion, sundried tomato, rocket  
[1, 4, 8, 10, 12] [V]

#### **The Brunch: €14**

Tomato base, grated mozzarella, bacon,  
crumbled black pudding, egg, rocket [1, 4, 5, 8, 10, 12]

### SIDES

#### **Rustic Fries €4.50**

Garlic aioli [1]

#### **Waffle Fries: €5.00**

Garlic aioli [1, 2, 4, 5] Add cheese & bacon +€2

#### **Sweet Potato Fries: €5.00**

Chipotle aioli [1]



### DESSERTS

#### **Vegan Chocolate & Coconut Tart €6.00 [GF][2]**

**Chocolate Brownie €6.00** [1, 2, 4, 5, 15]

**Carrot & Walnut cake €6.00** [1, 2, 4, 5]

**Apple & Cinnamon Crumble €6.00** [1, 4, 5]

**Snickers Cake €4.75 [GF]** [2, 3, 4, 5, 8]

**Chocolate Squares €4.25**  
(Toblerone, Krispie, Rocky Road) [1, 2, 3, 4, 5, 8]

**Raspberry & White Chocolate Roulade €6.00 [GF]** [4,5,8]

**Cookie Bro Cookie €4.00** [1, 4, 5]

Add scoop of vanilla ice cream to any dessert +€1.00



### REFRESHMENTS

#### **San Pellegrino: €3.00**

Orange/Lemon

#### **Wild Orchard Lemonades: €3.50**

Cloudy/Pink

#### **Wild Orchard Juices: €3.50**

Orange/Apple/Carrot & Apple

#### **Wild Orchard Smoothies: €3.50**

#### **Cans: €3.00**

Coke/Coke Zero/Diet Coke/7up  
7up Free/Club Orange

#### **Fior Uisce Water: €2.00**

Still or Sparkling

### HOT DRINKS

**Espresso €2.50**

**Americano €2.95**

**Cappuccino €3.25 [4]**

**Latte: €3.25 [4]**

**Flat white: €3.25 [4]**

**Mocha: €3.25 [4]**

**Chai Latte €3.25 [4]**

**Hot chocolate €3.50 [4]**

**Irish Breakfast Tea €2.75**

**Java Republic Tea Pillows: €2.90**

Ask our team about available flavours



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**SWORDS - SANTRY - SKERRIES**  
**MALAHIDE - DUN LAOGHAIRE - SALTHILL**



### ALLERGEN KEY

1. Contains gluten 2. Nuts 3. Peanuts 4. Milk 5. Eggs 6. Fish 7. Shellfish/crustaceans 8. Soybeans 9. Molluscs 10. Mustard 11. Sesame seeds  
12. Sulphur dioxide 13. Lupin 14. Celery 15. Varies (please ask your server) [GF] Gluten Free | [VE] Vegan | [V] Vegetarian