

## Soup



**HEATHER SOUP OF THE DAY** ..... €5.50  
please ask your server. served with homemade brown soda bread (7/10/12)

**HOMEMADE CHOWDER**..... €8.95  
salmon, deep water prawn, smoked haddock, hake, mussels served with our brown soda bread (2/3/5/7/8)

## Salads



on home grown leaves

**SMALL HOUSE SALAD** (9/10/12) ..... €4.50

**QUINLAN'S SMOKED SALMON** ..... €13.95  
pickled beetroot, cucumber, horseradish creme fraiche (5/9/10/12)

**ROAST CHICKEN BREAST** ..... €12.95  
beaufort free range egg, roast pepper, spring onion, walnuts, house dressing (9/10/12)

**HEATHER VEGAN SALAD** ..... €11.95  
pearl couscous, ratatouille vegetables, salsa verde, toasted cashew, home grown leaves (2/9/10/)

## Sweet Treats



PLEASE ASK YOUR SERVER  
FOR OUR DAILY SWEET TREATS  
AND DESSERTS BAKED IN HOUSE  
full range of vegan / GF / nut free options available

## DRINKS

### COFFEE



Our house coffee is blended exclusively for Heather

Americano ..... €3.00  
Latte ..... €3.20  
Cappuccino ..... €3.30  
Mocha ..... €3.50  
Flat White ..... €3.20  
Espresso.. single €2.20 double €2.50  
Macchiato single €2.30 double €2.50

### TEA



Barrys Irish Tea ..... €2.50  
Organic Solaris Herbal Teas..... €2.75  
Earl Grey / Peppermint Tea / Jasmine  
Green / Chamomile / Rooibos / Cacao  
Chai

### SKELLIGS HOT CHOCOLATE



Real pieces of chocolate melted into hot milk & whisked Milk, Dark or White..... €3.75

### COLD DRINKS



Pellegrino Sparkling Water  
small €2.50 Large €4.50  
Still Water ...small €2.20 large €4.50  
Pellegrino Sparkling  
Orange / Lemon 330ml..... €2.75  
Coke / Diet Coke..... €3.00  
Ballyhoura Apple Farm  
Sml Apple 250 ml ..... €3.00  
Lge Apple/Parsnip 750ml ..... €6.00  
Lge Apple/Beetroot 750ml ..... €6.00  
locally sourced, no concentrate

## Sandwiches



all sandwiches served with homegrown salad and our own honey and mustard dressing

**HOME COOKED MCCARTHY'S HAM**..... €8.50  
on a white flaguette, home cooked ham, dubliner cheddar, mustard mayo, red cabbage slaw (2/7/9/10/12)

**VEGAN WHOLEMEAL WRAP** ..... €8.50  
roast vegetables, pickled carrot, salted peanuts, baba ganush, hummus, chili (2/7/9/10/12)

**CHICKEN SANDWICH**..... €8.50  
on a white flaguette, roast breast of chicken, roast red pepper, aioli, homegrown basil pesto (2/7/9/10)

## Welcome

The Moriartys have been  
welcoming visitors to the Gap  
of Dunloe since 1964.  
Here at Heather, opened in  
2014, we use the very best of  
produce from our own gardens  
and local suppliers prepared  
simply and freshly everyday  
Enjoy!



## BEER & CIDER



### KILLARNEY BREWING COMPANY

additive and preservative free and is produced in small batches in Killarney

Devils Helles (Lager) ..... €6.50  
Scarlet Pimpernell (IPA) ..... €6.50  
Golden Spear (Blonde Ale)..... €6.50

Heineken 00 (non-alcoholic) ..... €6.50  
Cronin's Cider ..... €6.00



## Main Course



**HEATHER FISH CAKES** ..... €14.50  
salmon, deep water prawn, smoked haddock, hake, panko bread crumbs. (served with homegrown leaves, lemon and herb mayo) (2/3/4/5)

**LASAGNE AL RAGÚ** ..... €13.50  
layers of rosemary scented bolognese, béchamel, parmesan and cheddar. (served with homegrown leaves and house dressing) (2/4/7/9/10/12)

**CHANA MASALA** ..... €13.50  
homemade chickpea curry, potato, spinach, basmati rice, homemade apple and raisin chutney, homemade flatbread (2/12)

**LAMB KORMA** ..... €16.95  
ring of kerry diced lamb shoulder, potatoes, red pepper and almonds, homemade apple and raisin chutney, homemade flatbread (2/10/12)

### ALLERGENS

- |                |             |                      |
|----------------|-------------|----------------------|
| 1. Celery      | 6. Lupin    | 11. Peanuts          |
| 2. Gluten      | 7. Milk     | 12. Seasmie          |
| 3. Crustaceans | 8. Molluses | 13. Sulphur Dioxides |
| 4. Eggs        | 9. Mustard  | 14. Soya             |
| 5. Fish        | 10. Nuts    |                      |

## WINE

### WHITE WINE

**Tierra Alta Sauvignon Blanc** ... glass €6.50 bottle €24 (Chile) 2016 - springtime scents of hawthorn and elderflower with bright juicy flavours of nectarine and pink grapefruit

**Bosco Dei Cirmoli Pinot Grigio** .glass €6.50 bottle €24 (Italy) 2016 - a bright and clean wine with a green apple freshness, nicely balanced by a smoothness of body and crisp citrus flavours

**Chateau Coccinelles Chardonnay** ..... bottle €28 (France) 2015 - an organic unsoaked wine with pure chardonnay character on the nose and on the palate. it is rich and luscious in the mouth

**Ribbonwood Marlborough Sauvignon Blanc**.....bottle €30 (New Zealand) 2016 - beautifully delicate in body and quite pale in colour. vibrant and juicy nectarine and passion fruit flavour with a wonderful burst of palate-cleaning freshness

**Huber Gruner Veltliner Obere Steigen**..... bottle €34 (Austria) 2016 - this single vineyard wine from austria's most famous grape is weighty and aromatic with flavours of peach, pear and apricot and a super crisp finish

### RED WINE

**San Elias Merlot**.....glass €6.50 bottle €24 (Chile) 2015 - smooth and fruity on the palate

**Herbe Sainte Cabernet**.....glass €6.50 bottle €24 (France) 2015 - aromas of ripe blackcurrants develop into flavours of rich and juicy bramble fruits

**Terra Noble Reserva Pinot Noir**.....bottle €28 (Chile) 2015 - french style pinot noir, beautifully balanced with delicate flavours of raspberry and summer berries

**Baron De Ley Rioja Club Privado** ..... bottle €29 (Spain) 2014 - a lush medium bodied red wine, with pure cherry fruit notes and hints of coconut and vanilla

### ROSE

**Syrah Rose, Noemie Vernaux** ..... bottle €24 (France) - a beautiful pale pink colour with subtle perfumed flavours of strawberry and summer cherries

### PROSECCO

**Bortolotti Prosecco Spumante 20cl** .....(snipe) €10 (Italy) - this is a fully sparkling wine; fresh, fruity and aromatic with a floral fragrance and an aromatic aftertaste

**Furlan Prosecco Frizzante** ..... bottle €30 frizzante is a lightly sparkling wine, and this is a particular fresh and aromatic example with a fine mousse and a long-lasting flavour



## Fancy Fries



**SKIN ON FRIES** (2/cooked in same fryer as bread) ..... €4.50

**RED CHEDDAR & AIOLI SKIN ON FRIES** (2/4/7) ..... €7.20

**SOUR CREAM & CHIVE SKIN ON FRIES** (2/7) ..... €6.75

## Savoury Pastries



**HEATHER SAUSAGE ROLL**..... €4.00  
jack mccarthy's award winning sausage, caramelised onions in buttery puff pastry (2/7)

**VEGETABLE & GOATS CHEESE** ..... €4.00  
roast vegetables, harissa paste, bluebell falls goats cheese, pine nuts (2/7/10)

TAKE OUT AVAILABLE ON ALL DISHES

## Kids Corner

**KIDS HOMEMADE SAUSAGE ROLL** (2/7) ..... €2.50

**SOUP AND CHEESE TOASTIE** (2/7) ..... €5.50

**HAM AND CHEESE TOASTIE** (2/7) ..... €5.00

**KIDS PASTA** (1/2/7) ..... €7.00  
orecchiette Pasta, bolognese sauce parmesan cheese