

❖ Grilled Chicken Caesar Salad

Chargrilled Marinated Free-Range Chicken, Torn Baby Gem Leaves tossed in Homemade Caesar Dressing, Crisp Smoked Bacon Bits with Parmesan Shavings (1,3,4,10) €11.95

- -Add Fries with Rosemary Salt €3.50
- -Add Sweet Potato Fries with Aioli €3.50

* Rigatoni Pasta - From the Kitchen

Rigatoni Pasta, Wild Mushroom, Marinated Char-Grilled Chicken, Fresh Tarragon & Garlic Cream, with Truffle Oil & Parmesan Shavings (1,3,7,12) €12.95

❖ 21 Days Matured Striploin Steak Sandwich

Organic Ciabatta with Sauteed Flat Cap Mushroom, Chipotle Mayonnaise, Irish Striploin Steak, Beef tomato, Mixed Greens & with a side of Fries & Homemade Onion Rings

(1,7,12) €14.95

Korean Buddha Bowl

Dressed Wild Rice Salad, Cannellini Bean Hummus, Grated Carrot, Locally Sourced Leaves, House-Made Arjard, topped with Black Bean Rayu Crunch, Spinach & Garlic Dressing.

(11,12) €9.95

- -Add Char-Grilled Butterflied Free-Range Chicken €3.50
- -Add Warm Crispy Falafel €2.50
- -Add Smoked Salmon €2.50

* Mount Leinster Cheddar Quiche

Mount Leinster Mature Cheddar, Baby Leek & Spinach Quiche Served with a Selection of Salads (1,3,7) €11.95

- -Add Fries with Rosemary Salt €3.50
- -Add Sweet Potato Fries with Aioli €3.50

❖ Homemade Sausage Roll

Homemade Sausage Roll with Tipperary Inch House Pudding, Bramley Apple & Wild Thyme Served with Three Salads & Ballymaloe Relish (1,3,7,11,12) €11.95

- -Add Fries with Rosemary Salt €3.50
- -Add Sweet Potato Fries with Aioli €3.50



Mexican Spicy Street Food Burrito

Cajun Chicken, Chargrilled Corn, Rice, Slaw, Guacamole, Sweet Chili Yogurt Mint Sauce (1,3,7,11) €8.95

❖ Smoked Salmon Brown Bread

Homemade Brown Bread with Cream Cheese Caper Pate, topped with layers of Irish Smoked Salmon, Local Leaves & House Pickled Red Onions. (1,3,7,11,12) €8.00

❖ The Chicken Stack

Tomato & Olive Focaccia with Smoked Streaky Bacon, Grilled Chicken, Basil Pesto, Sun Blushed Tomatoes & Grated Mozzarella. (1,7,12) €8.95

Ham & Cheddar Sourdough

Home Baked Ham with Mature Cheddar, Beef Tomato, Red Onion, Locally Sourced Leaves & Mayonnaise. (1,3,7,10,12) €8.95

Falafel Flatbread

Flatbread Layered with Homemade Hummus, Pickled Onions, Grated Carrot, Rocket Leaves, our Signature Falafel & Fiery Yoghurt Dressing. (1,7,11) €8.00

To any of our sandwiches you can add on:

- -Add Three Salads €4.50
- -Add Soup of the Day €3.50
- -Add Fries with Rosemary Salt €3.50
- -Add Sweet Potato Fries with Aioli €3.50

1. Gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soyabeans 7. Milk 8. Nuts 9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphur Dioxide & Sulphites 13. Lupin 14. Molluscs